



# Minami-Alps Trekking Tour

2020.6 ▶ 2020.9



Let's go to Japanese beautiful mountains !!

Wonderful!!!

## Our Minami-Alps trekking tours

Of the 21 peaks over 3,000m in Japan, the Minami-Alps has 9 mountains. The mountains are large, and the magnificent scenery spreads in front of you as you climb up. The Minami-Alps is located at Yamanashi pref. ,where it takes 1h 30mins from Tokyo. Our "Minami-alps Gateway" trekking tours provide you local guides, with small groups and generous tours. Our tours are best for the Minami-Alps beginner. Please do not miss this opportunity.

## Point of our tours

### **POINT① Weekdays held to avoid congestion**

The Minami-Alps are crowded with climbers on summer holidays. To avoid such a situation, Our tour is held on weekdays!

### **POINT② Local guide and high guide ratio**

The guide is a local guide, not only about the mountains but also local stories. The guide ratio is 1: 8, it is an industry leading!

### **POINT③ Polite response by small group holding and a leisurely process**

The minimum number of participants is 4, so we provide you polite and kind response. And also we serve a local wine or Japanese sake and local fruits.

### **POINT④ Attraction after trekking, Onsen "hot spring" at the foot of the Minami-Alps**

Hot springs are famous in the Ashiyasu area, the gateway to the Minami-Alps. Make your skin smooth and smooth in an alkaline hot spring.

### **What is the Minami-Alps**

The Minami-Alps is a mountain range that spans Yamanashi, Nagano and Shizuoka prefectures. The dignified mountains, including Mt. Kitadake, which is the second largest in Japan, are attracting many mountaineers.



**Schedule: 7/1 (Wed) -7/3 (Fri)**

**Price: 87,000 JPY**

### Itinerary

**[1<sup>st</sup> day]**

5:00 Meeting at JR Kofu Station  
7:00 Hirogawara (Starting point)  
10:30 Shirane Oike hut (Lest)  
16:00 Katanokoya hut (Stay)

**[2<sup>nd</sup> day]**

8:00 Katanokoya hut  
9:00 Mt. Kitadake, 3,193m  
12:00 Mt. Ainodake, 3,190m (Lest)  
14:30 Kitadake sanso hut (Stay)

**[3<sup>rd</sup> day]**

6:00 Kitadake sanso hut  
7:40 Mt. Kitadake  
10:40 Shirane Oike hut (Lest)  
13:30 Hirogawara (Goal)  
15:00 Iwazonokan (Hot spring)  
17:00 Dissolution at JR Kofu Station



- The travel price includes guide fee, insurance fee, meal fee, accommodation fee, hot spring bathing fee.
- The minimum number of people is 4 and the capacity is 16 people.
- 1 tour conductor and 2 guides (1 person for 8 or less).



### Highlight

- ✓ You may meet the snow grouse, a special natural monument of Japan.
- ✓ A magnificent view of Mt. Ainodake (the 3<sup>rd</sup> highest in Japan) colored by the sunrise.
- ✓ Mt. Kita's endemic species, Kitadakeso high season.
- ✓ A gentle ridge connecting the 2<sup>nd</sup> and 3<sup>rd</sup> highest places in Japan.

## A trip to Japan's 2<sup>nd</sup> highest mountain in 2 days

### Mt. Kitadake (3,193m) Trekking Tour



- The travel price includes guide fee, insurance fee, meal fee, accommodation fee, hot spring bathing fee.
- The minimum number of people is 4 and the capacity is 16 people.
- 1 tour conductor and 2 guides (1 person for 8 or less).

**Schedule: 8/4 (Tue) -8/5 (Wed)**

**Price: 61,000 JPY**

### Itinerary

**[1<sup>st</sup> day]**

5:00 Meeting at JR Kofu Station  
7:00 Hirogawara (Starting point)  
10:30 Shirane Oike hut (Lest)  
16:00 Katanokoya hut (Stay)

**[2<sup>nd</sup> day]**

6:00 Katanokoya hut  
7:00 Mt. Kitadake, 3,193m  
8:10 Katanokoya hut  
10:40 Shirane Oike hut (Lest)  
14:00 Hirogawara (Goal)  
15:30 Iwazonokan (Hot spring)  
17:30 Dissolution at JR Kofu Station



### Highlight

- ✓ You may meet the snow grouse, a special natural monument of the country.
- ✓ A magnificent view of Mt. Ainodake (the 3<sup>rd</sup> highest in Japan) colored by the sunrise.

**Schedule: 8/18 (Tue) – 8/20 (Thu)**

**Price: 83,000 JPY**

## Itinerary

### 【1<sup>st</sup> day】

7:45 Meeting at JR Kofu Station  
9:00 Yashajin Hutte (Starting point)  
10:15 Yashajin Toge Pass (Lest)  
16:15 Minamiomuro hut (Stay)

### 【2<sup>nd</sup> day】

7:00 Minamiomuro hut  
9:00 Mt. Yakushidake (1<sup>st</sup> summit)  
10:30 Mt. Kannondake (2<sup>nd</sup> summit)  
12:00 Mt. Jizo (3<sup>rd</sup> summit) (Lest)  
15:30 Yakushidake hut (Stay)

### 【3<sup>rd</sup> day】

7:00 Yakushidake hut  
12:30 Yashajin Toge Pass (Lest)  
13:30 Yashajin Hutte (Goal)  
14:30 Iwazonokan (hot spring)  
16:30 Dissolution at JR Kofu Station



## An introduction to the Minami-Alps seeking a superb view of the ridge Hoo Sanzan Mountains Trekking Tour



- The travel price includes guide fee, insurance fee, meal fee, accommodation fee, hot spring bathing fee.
- The minimum number of people is 4 and the capacity is 16 people.
- 1 tour conductor and 2 guides (1 person for 8 or less).

## Highlight

- ✓ The ridgeline overlooking Mt.Kitadake, Mt Ainodake and Mt. Notori is exquisite.
- ✓ Obelisk, the symbol of Hoo Sanzan Mountains.
- ✓ There are few danger spots, making it ideal as the first Minami-Alps.
- ✓ Accommodation in a mountain hut with delicious water.

## A trip to climb Mt. Yakushi Hoo Sanzan Mountains Trekking Tour



- The travel price includes guide fee, insurance fee, meal fee, accommodation fee, hot spring bathing fee.
- The minimum number of people is 4 and the capacity is 16 people.
- 1 tour conductor and 2 guides (1 person for 8 or less).

**Schedule: 9/1 (Tue) – 9/2 (Wed)**

**Price: 56,000 JPY**

## Itinerary

### 【1<sup>st</sup> day】

7:45 Meeting at JR Kofu Station  
9:00 Yashajin Hutte(Starting point)  
10:15 Yashajin Toge Pass (Lest)  
16:15 Minamiomuro hut (Stay)

### 【2<sup>nd</sup> day】

6:00 Minamiomuro hut  
8:00 Mt. Yakushidake (1<sup>st</sup> summit)  
9:30 Minamiomuro hut  
13:00 Yashajin Toge Pass (Lest)  
14:30 Yashajin Hutte (Goal)  
15:30 Iwazonokan (Hot spring)  
17:30 Dissolution at JR Kofu Station



## Highlight

- ✓ The ridgeline overlooking Mt.Kitadake, Mt Ainodake and Mt. Notori is exquisite.
- ✓ There are few danger spots, making it ideal as the first Minami-Alps.
- ✓ Accommodation in a mountain hut with delicious water.



# For Application

## WEB

## E-mail

### 1. Make a reservation from the homepage

- ❑ Check the travel conditions on the Minami-Alps Gateway website and access "Hiking / Trekking".
- ❑ Click on the desired tour photo and go to the reservation page.
- ❑ If you enter and send the necessary information in the reservation system "Air Reserve", you will receive an automatic reply e-mail.
- ❑ The URL of "Coiney" will be sent separately via e-mail etc. Please confirm the following "3. Payment of application fee" and make payment.

### 1. Make a E-mail reservation

- ❑ Please contact Minami Alps Gateway Co., Ltd. by E-mail. Please tell us your desired tour name, name, schedule, address, presence / absence of companions, number of participants
- ❑ We will send you an application form and transaction terms at a later date. After confirming the travel conditions, please reply to Minami Alps Gateway Co., Ltd. by application deadline (14 days before departure).
- ❑ If you have a companion, please submit your companion's name, address and phone number along with the application form.

### 2. Submission of mountaineering resume

- ❑ A mountaineering resume will be sent to you at a later date, so please fill in the necessary information and reply to us, Minami Alps Gateway Co., Ltd. by email by the deadline (14 days before the departure date).

### 3. Payment of application fee

- ❑ The tour will be confirmed at least 14 days prior to the departure date of the tour as soon as the minimum number of participants is booked. Please pay the application fee (full tour fee) from 14 days to 10 days before departure date. If the minimum number of participants is not reached, we will contact you by email.
- ❑ Credit card is available for payment. Please proceed to the payment system "Coiney" from the URL sent by e-mail after booking. (Visa and Mastercard are available.)

#### Precautions

##### 1. About the tour in general

- If the application deadline is exceeded and the minimum number of participants is not reached, or if the guide determines that the tour is not possible due to bad weather, etc., it will be cancelled. In this case, we will contact you 3 days in advance. (Depending on the condition of the forestry road, contact may be the day before.)
- Due to the number of participants and the number of groups, the accommodation may be changed to an equivalent accommodation facility, please note that.
- The application deadline is 14 days before the tour start date for both day tours and accommodation tours.
- Please pay the application fee (tour fee) from the application deadline to 10 days before the travel start date. We will tell you the payment way after booking
- Customers will be responsible for the expenses required to come to the meeting place and the expenses required to return home from the dissolution place.
- After completing the application, please make a reservation for the necessary transportation facilities to the meeting / dissolution location, such as railway seats.
- If the tour is canceled, the customer will be responsible for any costs required for refunds for services not included in the tour fee (accommodation / transportation, etc. arranged by the customer).
- For other matters not described in this paper, please check the transaction conditions manual, our standard travel agreement, and contract documents.

##### 2. About trekking

- Our fee is based on Travel conditions reference date : December 1, 2019. If there is a change, we will contact you.
- Required equipment  
Please confirm that you can bring the following equipment before you apply for our tour.  
Outer layer / Middle layer / Base layer / Trekking shoes / Backpack for trekking / Gloves / Hat / Rain gear / Stock / Headlight / high-energy food (cookies, candy, etc.) / Drink / Household medicine / Towels / Changing clothes / Warm wear / Health insurance card copy etc.
- Your behavior during the trekking is a category of customer's self-responsibility.
- When you apply for the tour, please inform the person who can contact you, such as an absence family, that you will participate in the tour.
- If you become aware of any abnormalities in your physical health during the trekking, please notice us.
- Scheduled trekking course and trekking time may be changed based on Article 13 of the standard travel agreement, due to bad weather etc.
- Please keep the rules and manners at resting places and mountain huts, etc. and take care not to disturb other climbers.
- To protect the environment, please take your garbage home during the tour.
- Please participate in the tour after performing sufficient training according to the contents of each mountain tour.
- Guide ratio (leader ratio) is based on the rules of Japan Mountain Guide Association.

##### 3. On the day of departure

- Please make sure that you have all the necessary equipment.
- Please come to the meeting place on time.
- If you have insufficient equipment or come late for more than 10 minutes, you may not be able to participate, so be sure to strictly observe the equipment and meeting time.

##### 4. Cancellation fee

###### Cancellation date

Going back from the day before the tour start date

- ① Cancellation after the 20th day (10th day for day trips)
- ② Cancellation after the 7th day (10th day for day trips)
- ③ Cancellation on the day before the trip start date
- ④ Cancellation on the day (excluding 5)
- ⑤ Cancellation after travel start or non-contact non-participation

: Cancellation fee

: 20% of the travel fee

: 30% of the travel fee

: 40% of the travel fee

: 50% of the travel fee

: 100% of travel fee



From Tokyo :1h30min from JR Shinjuku Station

(Chuo Line Limited Express)

From Shizuoka: 1h45min from JR Fuji Station

(limited express view Fujikawa)

From Nagano : 1h15min from JR Matsumoto Station

(Chuo Line Limited Express)

#### 【Application / Inquiries】

Monday to Saturday (except holidays) 10: 00-17: 00

TEL : 03-6311-7562 FAX : 03-6311-7563

E-mail : minami-alps@oriconsul.com

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